

Have you got children at home? Here at Altru, we want to help you and your children be as creative as possible over the coming weeks without school.

We'll be aiming to share some creative activities that don't need big groups and can be done at home on the sofa or in the garden. The first is below – a very simple storytelling game which is quite addictive!

We hope you enjoy – let us know how you get on!

Stay safe and positive.

The Altru Team x

Object Storytelling

Collect together lots of interesting objects – these can be really unusual or could be everyday household things. Children will be handling them, so please ensure they are safe (and sanitized both before and after the activity).

Place all of the objects into a bag or pillowcase and ask your child or children to come to the bag one at a time and select an item. If you're at home and there's just you and your child, you can save the other objects for another day.

Once they've picked an object work with them to think about:

- Where this object came from / how this object came into being
- An adventure the object has been on
- A time when the object has been used in an unusual way
- Imagine a world where the object comes to life. What would it be like? What sort of personality would it have? How would it speak? What emotions would it feel?

You can model this first, of course, to show them how it might work or give them some examples.

I've always thought a wooden spoon come to life would be quite a grumpy fellow with a lot to say for himself. What about the bedside lamp – would it be sleepy or excitable, a worrier or super positive? Try it with food too – what sort of personality would a banana have? What would its name be? And where would it come from?

If you don't want to handle objects, you could go around the home and find one object in each room to bring to life and give a character, a backstory and an exciting adventure. You might be surprised what you come up with!

Have fun!