



Altru Drama CIC
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Compliment Circle

Equipment needed: A large group of children (your full class)
 A ball (or something similar you can throw)
 Plenty of kindness

To celebrate Anti-Bullying Week 2021 and its theme **ONE KIND WORD**, we offer an activity which classes can complete, to share positivity and kindness and to think about what makes each of us special and unique.

To play:

Ask pupils to stand in a circle – you will need a large space to do this, your school hall is ideal, but the playground might also work.

Start by holding the ball (or other object) yourself and tell pupils that you are going to create a compliment circle. You will do this by each offering compliments to other members of the class. We use this as an opportunity to explain what a compliment is and explore as a class how a compliment makes you feel.

Once you have explained this, you may want to offer some ideas and suggestions of possible compliments and/or give children a minute to look around the room and think.

And now the action can begin!

Begin by throwing the ball to someone in the circle and as you throw the ball say their name and give the compliment, for example:

Mia – I like how you are a positive person in class and you are always making others smile.

Mia would receive the ball (and perhaps say thank you – it's nice to learn how to receive a compliment too) and then she would throw the ball to someone else offering them a similar - but, we would suggest - different question.

You could ask children to sit down once they've both received and given their compliments, so that all children get a chance to have a go.
You may be amazed by what they come up with you!

Have fun!